

ABSTRACT

A write-once-type recording medium (10) is provided with: a data area (11) to record therein record data; and a plurality of management areas in 5 which a plurality of types of management information for managing the record data and index information for indicating newest management information can be recorded a plurality of times, each of the plurality of management areas having a setup area for recording therein a management information block including a plurality of types of management information 10 constructed from the newest management information and the index information indicating the plurality of types of management information constructed from the newest management information.